

# DTR Job Description



**Position Title:** Weight Room Attendant

**Department:** Community Services - Fitness

**Reports To:** Recreation Manager

**Date:** May 9, 2016

## Job Purpose/Summary:

Under the direction of the Recreation Manager the Fitness Attendant will perform relatively routine and/or specific weight room duties according to established procedures. Work is performed following clearly defined standard practices under relatively limited supervision. Initiative and judgement is required and more questionable problems are referred to a superior. Communication with other staff members and with the public is an essential part of the job.

## Examples of Work:

1. The Fitness Attendant will explain the regulations, procedures to any person using the weight room area to maintain an environment that is safe and free of hazards.
2. Will explain and perform the use of the equipment to ensure patrons have a safe and enjoyable work out.
3. Perform janitorial duties as required in the weight room including but not limited to cleaning and disinfecting all weight room equipment, floors swept and mopped, windows and mirrors cleaned, bathroom cleaned.
4. Will ensure that none of the equipment is removed from the weight room area.
5. Will report in writing if anything in the weight room is broken or unsafe.
6. Trains new employees.
7. Ensures towels are clean and stocked.
8. Other related duties as assigned.

## Knowledge, Skills and Requirements:

1. Responsible person who possesses a caring, positive, enthusiastic attitude to work.
2. Standard First Aid with WEFA or OFA1
3. WHMIS

The following are an asset:  
Fitness Theory, Weight Room training courses

## Working Conditions:

1. Work schedule will include shift work as required. The Fitness Attendant will be entitled to the benefits and conditions of employment as established in the CUPE Local 2979 Collective Agreement.

\*\*\*\*A CRIMINAL RECORD CHECK MUST BE COMPLETED